

College Women Development Cell

2022-2023

SUKOON SATURDAY

The internal committee and the college Women development cell started an on-going welfare activity for teaching and nonteaching female staff members of the institution from 18th June, 2022. The “SUKOON SATURDAY” gathering aimed to bring the teaching and nonteaching female staff members together for a healthier institutional environment. A variety of activities related to physical and mental wellbeing is conducted on every third Saturday of the month from 12:00pm to 1:00pm. Here are some of the glances of “Sukoon Saturday”.



Meditation on Twin Hearts

