



**BHARTIYA VIDYA BHAVAN'S  
HAZARIMAL SOMANI COLLEGE OF ARTS & SCIENCE, JAYARAMDAS PATEL COLLEGE OF  
COMMERCE & MANAGEMENT STUDIES, CHOWPATTY, MUMBAI-400007**

**Committee/Association/Department:** Mathematics

**A.Y. : 2023-2024**

**Activity :** International Yoga Day

1. **Event Date :** Wednesday, 21<sup>st</sup> June, 2023
2. **Event Venue :** Room No. 701

**3. Event Detail :**

The College Women Development Cell (CWDC) and the Gymkhana Committee of our College under the aegis of IQAC. The College Women Development Cell (CWDC) and the Gymkhana Committee of our College under the aegis of IQAC, celebrated International Yoga Day on Wednesday, 21<sup>st</sup> June, 2023 at 11.30 am in Room No. 701. All the students, non-teaching and teaching staff of Degree and Junior college were invited for the same. Vice Principal of Junior College **Shri. Anant P. Shelke** was Resource person who emphasized on **Importance of Yoga**. All the participants practiced yog-ASANAS and pranayam which was compered by Mrs. Veena Shinde-Deore, Coordinator of CWDC Committee and was demonstrated by Ms. Jayashree Choudhari, Teacher in Chemistry. The students of NSS volunteered for the event and at the end of the program collected feedback forms from the participants.

Total no. of participants : 40

**4. Attached Documents:**

- a. Notice of the event

*Bharatiya Vidya Bhavan's Hazarimal Somani College of Arts and Science, Shri Manubhai  
Maneklal Sheth Junior College of Arts And Science and Jayaramdas Patel College of  
Commerce and Management Studies, K. M. Masshi Marg, Chowpatty, Mumbai- 400007.*

20<sup>th</sup> June, 2023

**NOTICE**

**DEGREE COLLEGE**

The College Women Development Cell (CWDC) and the Gymkhana Committee of our College under the aegis of IQAC, is celebrating International Yoga Day on **Wednesday, 21<sup>st</sup> June, 2023 at 11.30am in Room No. 701.**

All the students, non-teaching and teaching staff of **Degree and Junior college** are cordially invited for the same. Following are the details of program:

**Topic: Importance of Yoga.**  
**Resource person: Shri. Anant P. Shelke**

  
Vc-Principal,

Prof. (Dr.) Shantaj. Deshbhatar



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b. List of participants

**ATTENDANCE RECORD**

**COLLEGE DEVELOPMENT WOMEN DEVELOPMENT CELL (CWDC) AND**  
**GYMKHANA COMMITTEE UNDER THE AEGIS OF IQAC**

**CELEBRATING INTERNATIONAL YOGA DAY**

Day, Date : Wednesday, 21<sup>st</sup> June, 2023

Time: 11.30 am

Topic : Importance of Yoga

Resource Person : Shri. Anant P. Shelke

Sr. No.	Name of the Teacher	Department	Signature
1	Dr. Reshma More	Accountancy	
2	Goldi Singh	Chemistry	
3	Stella Nance Vopar	History	
4	Poojanka Dochar	Biology	
5	Sonal Sakpal	Chemistry	
6	Ankita Mulcardam	Chemistry	
7	Shamim Shaikh	Economics	
8	Pardeshi Sandip	Pol	
9	Pushpanna Pawar	Pol/Arts	
10	Nayana Patki	Commerce	
11	Pravin Ghose	Science	
12	Kunal Patil	Hindi	
13	Sarika Wahunj	English	
14	Vasudev Patil	English	
15	Pranay Juvarkar	Biology	
16	Dattatray Kakittkar	Chem	
17	Swapnil Shewate	Zoology	
18	Shilpa A. Annale	Library	
19	Jordana Miranda	English	
20	Rina Patil	Psychology	



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21.	Dr. Pooja Mital	Political Science	Philosophy
22.	Dr. Anamika Kulkarni	Sociology	Management
23.	Usha S.M.		Business M.
24.	Vilas Dagale	Biology	Accounting
25.	Abhijeet Vedruk	Biology	Accounting
26.	Siddheshwar Bhasade	Gymkhana	Sports
27.	Borkar Shalendra S.	Gymkhana	Sports
28.	Ankush W.P.J.C	Accounting	Accounting
29.	Arjun G.S.J.	Accounting	Accounting
30.	Santosh N. Potlur	Gymkhana	Sports
31.	Mihir Shirsalkar		
32.	Mukesh B. Badgirjar	English	Management
33.	Veena S.D	Maths	Accounting

**ATTENDANCE RECORD**

**COLLEGE DEVELOPMENT WOMEN DEVELOPMENT CELL (CWDC) AND  
GYMKHANA COMMITTEE UNDER THE AEGIS OF IQAC**

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Day, Date : Wednesday, 21<sup>st</sup> June, 2023

Time: 11.30 am

Topic : Importance of Yoga

Resource Person : Shri. Anant P. Shelke

Sr. No.	Name of the Student	Class	Signature
1	Tanvi Chorge	S.Y. Bcom	[Signature]
2	Shravan Dhotale	S.Y. BSc	[Signature]
3	Harshvardhan Jode	S.Y. BMS	[Signature]
4	Shradha Ghameriga	S.Y. S.C	[Signature]
5	Sejal Sawant	S.Y. J.C	[Signature]
6	Himani Gaikwad	S.Y. T.C	[Signature]
7	Rashi Pitla	S.Y. J.C	[Signature]



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c. Event photos



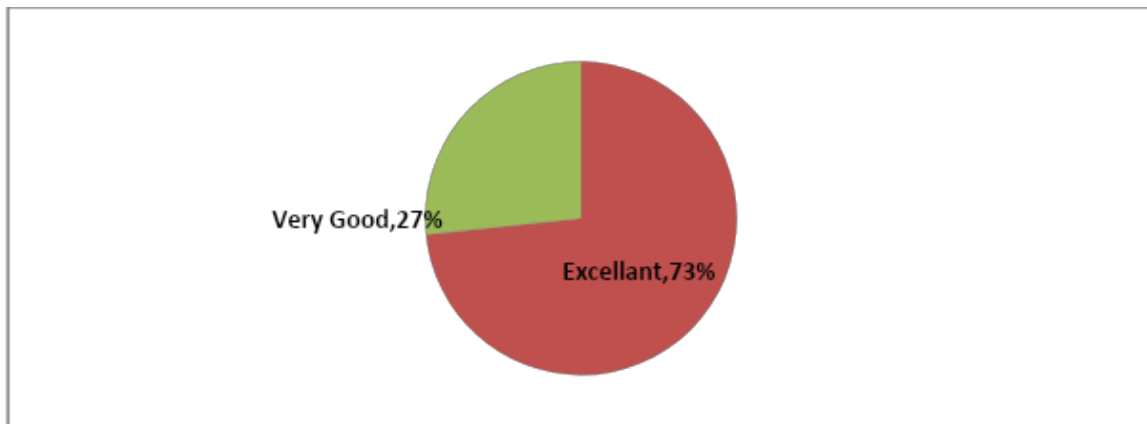


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**d. Summary of feedback forms:**

Response of participants	Scope and Coverage of Topic	Depth of discussion	Communication and Demonstration skills	Interaction between Speaker and participants	Overall arrangement of Session
Excellant	11	11	13	11	10
Very Good	04	02	02	05	04
Good	-	01	-	-	-
Average	-	-	-	-	--
Satisfactory	-	-	-	-	-



Mrs. Veena Shinde-Deore  
(Coordinator- CWDC)