

**Date: 28<sup>th</sup> February 2024    Venue- Room No 14    Time- 8.30 am onwards**

**No. of student participants- 50**

**Objectives-**1. To help students understand various concepts in Psychology in a easy and fun way.

2. To develop the skills of leadership, team building, self confidence in the study.

**Report-** The Department of Psychology and Counseling Centre successfully organized its Annual Event, "Colours of Mind 2024" on Wednesday, February 28, 2024, from 8 am to 2 pm. The event aimed to engage students in various Psychology-related activities and foster a sense of unity among participants. 50 students from Degree as well as Junior College participated in the event. Participants formed 10 groups, each comprising 3-4 members. Six activities were conducted, providing a diverse range of challenges.

**Activity Details:**

**Psych Word Quest:**

A puzzle-solving activity where groups identified words related to psychology.

**Mindful Muzzle:**

This was an Extempore Competition.

Participants chose a topic related to psychology, had 2 minutes to prepare, and then spoke for 2 minutes. Dr. Reshma More, judged the event along with Ms.Rina Patel.

**The Invisible Encounter:**

The game was based on Tactile Memory.

All Groups touched and identified 20 objects related to psychology within a minute.Theybwere then asked to recollect and write down the objects

**Travel Psychology Session:**

Guest speaker Mr. Mitesh Jain conducted an informative session on unique specializations in psychology as potential career options.

**Who Am I?:**

A guessing game where one member selected a psychologist's name, and the group asked 10 questions to identify the chosen psychologist.

**Brain Teaser:**

A Psychology related quiz with 3 rounds where each group member participated. Points were awarded, and the group with the maximum points won.

The group named "Psych Crafters" emerged as the overall winner, excelling in the majority of the activities.

The Principal and Vice Principal graced the occasion with presence. The winning group received accolades and rewards from the Dignitaries. The event concluded with a heartfelt vote of thanks from the volunteer, expressing gratitude to all participants, organizers, for contributing to the success of "Colours of Mind."

**Outcome:**

The event not only provided a platform for students to showcase their psychological knowledge but also encouraged teamwork and creativity. The success of "Colours of Mind" underscores the importance of engaging students in dynamic and interactive learning experiences within the field of psychology.

Ms. Rina Patel

Coordinator Counselling Centre & HOD Psychology

# Colours of Mind 2024



# Students engaged in various activities


# Prize Distribution... Colours of Mind 2024

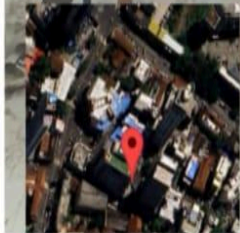


28th February 2024

# Team... Colours of Mind 2024



 GPS Map Camera



Mumbai, Maharashtra, India

30, KM Munshi Rd, Chowpatty, Girgaon, Mumbai, Maharashtra 400007, India

Lat 18.957058°

Long 72.811154°