## Session on 'Your Career and You'

**Date:** 9<sup>th</sup> January 2024 **Time :** 9.00 am onwards

Venue: Classrooms of FY/SY/TY BA/BCom

**Resource Person-** Counsellors Ms. Aamina Shareef and Ms. Minal Patil from Aditya Birla Education Trust.

Beneficiaries- Approx. 250 students

**Objectives-** 1. To help students understand the importance of choosing a right career.

2. To help students understand how to choose a career.

## Report:

The Counseling Center of the college in association with HASS (Humanities and Social Sciences) Forum and Commerce Association had organized a session on 'Your Career and You' in collaboration with the Aditya Birla Education Trust for the students of FY/SY/TY BA and BCom on 9<sup>th</sup> January 2024 in their respective classes. Two Counselors from Aditya Birla Education Trust viz Ms. Aamina Shareef and Ms. Minal Patil visited the college to conduct sessions on the importance of choosing the right career and the factors to be considered while doing so. They explained to students what and what not to do while choosing a career and how to enhance their skills to make themselves suitable for their choice of career. They also answered the queries of students. Students gave very positive feedback on the sessions. Around 250 students have benefitted from these altogether eight sessions.

**Outcome-** 1. Students had more clarity about choosing the careers.

2. Many questions of students about various careers were answered.

Ms. Rina Patel

Coordinator, Counseling Centre & HOD Psychology



