

**BHAVAN'S HAZARIMAL SOMANI COLLEGE OF ARTS & SCI., SHRI  
MANUBHAI MANEKLAL SHETH JR. COLLEGE OF ARTS & SCIENCE AND  
JAYRAMDAS PATEL COLLEGE OF COMMERCE & MANAGEMENT STUDIES,  
MUMBAI – 400 007.**

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**GENDER SENSITISATION ACTION PLAN**

**2023-24**

In the academic year 2023 – 2024, Out of 1903 students admitted, 956 were female students. The female teaching staff members were 12 out of total 25 teaching staff members. The female non-teaching staff members were 11 out of 52 non-teaching staff. The following activities were conducted for gender sensitisation.

1. The College Women Development Cell (CWDC) and the Gymkhana Committee of our College under the aegis of IQAC, celebrated International Yoga Day on Wednesday, 21<sup>st</sup> June, 2023. The students, non-teaching and teaching staff of Degree and Junior college were present for the same. All the participants practiced yoga-asanas and pranayam which was demonstrated by Ms. Jayashree Choudhari, Teacher in Chemistry. The students of NSS volunteered for the event. Total no. of participants were 40.
2. The College Women Development Cell (CWDC) and Internal Complaint Committee (ICC) of our college under the aegis of IQAC organized 3-days Self-Defence Workshop for Female Students on 26<sup>th</sup>, 31<sup>st</sup> July and 1<sup>st</sup> August 2023. The resource person for the event was Ms. Kalika Narkar, who is student of SYBCom, Black belt in Judo and practicing Judo since 12 years. Dr. Baba Patil, chief-coordinator of the college, enlightened the students about importance of self defence and protection against the violence while Dr. Varsha Mallah, IQAC coordinator, gave information of working and importance of CWDC & ICC committee. The resource person Ms. Kalika Narkar along with assistant Ms. Siddhi conducted the training on all these three days. The students were taught to tackle some situations like what if someone tries to catch your hand and the easiest way to escape from the hold of the attackers. If the attacker tries to hold your neck you can poke his eyes, kick his/her groin . And many more techniques . Girls were very responsive and enthusiastic to learn new techniques. The students were also taught them a basic choke called as hadake – jime, this choke can directly make one unconscious. They even learned a kick called mawashi- girikick . The students got demo to escape from knife being hold against their stomach. The total **29 female students** participated in the event.
3. The NSS Unit and College Women Development Cell (CWDC) of our College, organized a general health awareness programme for female students and staff members in association with Metropolis Pathology Lab and Diagnostic Center on 8<sup>th</sup> September, 2023. The attendees of the programme were informed about PCOD and its symptoms by the Doctor of the lab. The blood samples were taken from some staff members and students for testing by the lab nurse and next day blood report was

given. Total 163 girls were present for the talk. Around 15 teaching and nonteaching staff attended the programme.

4. Organizing a poster competition on "Eve Teasing" was an effective way to engage participants and raise awareness on the topic. The College Women Development Cell (CWDC) and the Internal Committee (IC) under the aegis of the Internal Quality Assurance Cell (IQAC) conducted Poster Making Competition on "Eve Teasing" for Degree College students on 14<sup>th</sup> December 2023 at 11.00am. The resource person for this event was **Ms. Anjum Rupani from Action Aid Association (NGO)**. She judged the Poster Making Competition on "Eve Teasing". Number of participants were five.
5. The College Women Development Cell (CWDC) and the Internal Committee (IC) under the aegis of the Internal Quality Assurance Cell (IQAC) conducted an awareness session for female students of Degree College on "Street Harassment" on 14<sup>th</sup> December 2023. The resource person for this event was **Ms. Anjum Rupani from Action Aid Association (NGO)**. Number of participants for the event were 67.
6. The College Women Development Cell (CWDC) under the aegis of the Internal Quality Assurance Cell (IQAC) conducted an awareness session for female students of Degree College on **Health and Hygiene** on Wednesday 10<sup>th</sup> January 2023. The resource person for this event was **Ms. Dolly Setpal** from Campus Konnect by Brandtouch and Analytics. There were two sessions. The company offered menstrual products as gift to all female student participants of both the session. Total number of participants were 200.
7. The College Women Development Cell (CWDC) and Cultural Committee (CC) of our college, organised (i)Garba as a part of celebrating Navratri festival for teaching and non-teaching staff on **20<sup>th</sup> October, 2023**. Total number of staff participants were 36.(ii) Haldi - Kumkum as a part of celebrating Sankranti festival for female, teaching and non-teaching staff on **17<sup>th</sup>January, 2024**. Total number of female staff participants were 62.
8. The College Women Development Cell (CWDC) and the Department of Zoology under the aegis of the Internal Quality Assurance Cell (IQAC) conducted an awareness session for female students on Reproductive Health and Wellness of Women on 13<sup>th</sup> February 2024. The resource person for this event was Dr.(Mrs.) Utkarsha Chavan, from Department of Zoology. Number of participants for the event were 67.
9. The College Women Development Cell (CWDC) and the Internal Committee (IC) under the aegis of the Internal Quality Assurance Cell (IQAC) conducted an awareness session on "**Laws regarding Sexual Harassmentat workplace**" for students and Staff of Degree College on 7<sup>th</sup> March 2024 at 8.30am in room No. 14. The resource person for this event was **Dr.(Mrs.) Minakshi Singh (LLM, Ph.D in Law)** from HDFC Bank limited, DVP legal. Number of participants for the event were 71.

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